

BEST PRACTICES

i) Title of the Practice I – *Creating Environment Consciousness*

ii) Objectives of the Practice-

The objective of the practice towards environment consciousness, while making the stakeholders understand the fragility of the environment is to realise the importance of its protection, is to motivate students/employees to be actively involved in creating a green cover by planting trees.

iii) The Context-

The degradation of the environment has jeopardized the health and security of human beings, animals and plants equally and can no longer be ignored. Environment is an incredibly important part of our lives. And it needs no reminder. Each living being has a moral responsibility to act towards protection of environment and hence the sustainability of the planet.

iv) The Practice-

Consciously considering the individual responsibility, we at AKMV, intend to inculcate in individual a consciousness towards environment protection, sustenance and repletion. To impart knowledge of pollution and environmental degradation and values for environmental protection and environmental decision making different clubs/ societies/ cells of the college conduct activities and tree plantation drives not only within the college but also around the college and nearby areas.

v) Evidence of success-

Environment conscious and tree plantation is a regular feature and an integral part of all activities of the college. The college, instead of welcoming the guests/resource persons with bouquets has adopted the practice of presenting live plants.

vi) Problems encountered-

During COVID-19 pandemic, when lockdown threatened to adversely impact all spheres of human activity, the college continued in its endeavour towards environment and continued with tree plantation and environment conservation activities in online medium. The service to the nature/environment can be done anywhere. So teachers and students went ahead with planting saplings in and around their homes and neighbourhood.

i) Title of the Practice II – *Women Empowerment*

ii) Objectives of the Practice-

The objectives of this distinctive feature, while creating a positive image of women by recognizing their contribution in social, economic and political spheres, are to eliminate discrimination and all forms of violence against women/girls and raise self esteem and confidence.

iii) The Context-

The contribution of women in all spheres of human endeavours has been extraordinary. However, the attitude of society towards women and girl child has been totally opposite. Discrimination against women, their harassment, violence and the declining sex- ratio are alarming and call for efforts to create a conducive environment. The conception of this thought became the foundation stone of the college in 1968 which was established with the primary objective of imparting quality higher education to girls.

iv) The Practice-

Empowerment is extended by means of providing opportunity for higher education, career counselling, through participation in extracurricular activities, through NCC, NSS, Youth festivals and other competitions. Empowered girls create a favourable environment in their homes and neighbourhood and become a motivating force for other thereby paving way for a developed society. The girls and women are made aware about their rights, career opportunities through different cells and committees. All necessary resources are provided that are required by girls in terms of education, books, financial assistance, counselling etc so as to remove obstacles and achieve autonomy of their lives. Outreach programmes and Lectures too are delivered in schools with the aim of empowering young girls through teacher role models who act as a motivating force to inspire young minds towards gaining empowerment through education and to teach goal setting at an early age. Even in the present era the girls are provided little support, opportunity and resource and during COVID-19 the situation got worse, the college endeavoured its mission of empowering girls and put in all efforts to provide learning resources to students.

v) Evidence of success-

The participation of girl students in curricular, co-curricular and extracurricular activities indicate a positive trend towards women empowerment. The girl students have not only individually been empowered but have also extended their services to the society as empowered volunteers of Rotract Club, of NSS, of NCC etc. The girls have excelled in the area of sports too.

vi) Problems encountered-

Despite the fact that even in the present era the girls are provided limited/ restricted opportunities and resources and during COVID-19 the situation got even worse, the college endeavoured in its mission of empowering girls and all efforts were made to provide learning resources to them.