

## **BEST PRACTICES**

### **i) Title of the Practice I –**

Creating Environment Consciousness

### **ii) Objectives of the Practice-**

The objective of the practice towards environment consciousness, while making the stakeholders understand the fragility of the environment is to realise the importance of its protection, is to motivate students/employees to be actively involved in creating a green cover by planting trees.

### **iii) The Context-**

The degradation of the environment has jeopardized the health and security of human beings, animals and plants equally and can no longer be ignored. Environment is an incredibly important part of our lives. And it needs no reminder. Each living being has a moral responsibility to act towards protection of environment and hence the sustainability of the planet.

### **iv) The Practice-**

Consciously considering the individual responsibility, we at AKMV, intend to inculcate in individual a consciousness towards environment protection, sustenance and repletion. To impart knowledge of pollution and environmental degradation and values for environmental protection and environmental decision making different clubs/ societies/ cells of the college conduct activities and tree plantation drives not only within the college but also around the college and nearby areas.

### **v) Evidence of success-**

Environment conscious and tree plantation is a regular feature and an integral part of all activities of the college. The college engaged in cleanliness drives, awareness programmes within and outside the college for mobilization of the students and the people around. The college has adopted a healthy practice of welcoming its guests/resource persons with live plants.

### **vi) Problems encountered-**

There is a lack of self interest on part of the students as they require continuous motivation to participate in performing their responsibility towards the environment within and outside the college. To meet this challenge, the college puts in continuous efforts to involve the students and come up with novel ideas and activities to involve the students.

### **i) Title of the Practice II –**

Institute-Society-Interface

## **ii) Objectives of the Practice-**

The objective of this distinctive feature is to nurture socially responsible individuals that could contribute towards developing a holistic social world, while creating a positive image of women by recognizing their contribution in social, economic and political spheres, this distinct practice aims to eliminate discrimination and all forms of violence against women/girls and weaker sections and raise self esteem and confidence by means of education, training, exposure and experience.

## **iii) The Context-**

The contribution of women in all spheres of human endeavours has been extraordinary. However, the attitude of society towards women/girls and weaker sections has been totally opposite. Disparity and discrimination against women and weaker sections of the society, their harassment, violence and the declining sex- ratio are alarming and call for efforts to create a conducive environment. The conception of this thought became the foundation stone of the college in 1968 which was established with the primary objective of imparting quality higher education to girls so that with the education of women the ills prevalent in the society could be countered.

## **iv) The Practice-**

Empowered and conscious citizens are groomed by means of providing opportunity for higher education, career counselling, through participation in extracurricular activities, through NCC, NSS, Youth festivals and other competitions. Empowered girls create a favourable environment in their homes and neighbourhood and become a motivating force for other thereby paving way for a developed society. The girls and women are made aware about their rights, career opportunities through different cells and committees. All necessary resources are provided that are required by girls in terms of education, books, financial assistance, counselling etc so as to remove obstacles and achieve autonomy of their lives. Outreach programmes and Lectures too are delivered in schools with the aim of empowering young girls through teacher role models who act as a motivating force to inspire young minds towards gaining empowerment through education and to teach goal setting at an early age. Even in the present era the girls are provided little support, opportunity and resource and the college endeavours in its mission of empowering girls and put in all efforts to provide learning resources to all students for their holistic development and thereby preparing them to contributing to the development of the society and creating a conducive environment for all to live in. A healthy body is the key to a healthy mind. Keeping this in mind an extra focus is laid on awareness towards health and hygiene of girl students and staff.

## **v) Evidence of success-**

The participation of girl students in curricular, co-curricular and extracurricular activities indicate a positive trend. Being empowered themselves, the students have also extended their services to the society as empowered volunteers of Rotract Club, of NSS, of NCC etc. The girls have excelled in the area of sports too. Sensitization towards healthy diet, hygiene, self awareness is regularly provided through lectures, regular OPD's, cancer awareness internship, rallies on food and nutrition.

**vi) Problems encountered-**

Even in the present era the ignorance and apathy of the guardians towards the requirement of girls is seen leading to limited/ restricted opportunities and resources. Added to this is the lack of initiative and hesitation from the students. To overcome this, the college provides continuous counselling through assigned mentors, organizing awareness programmes, career and placement opportunities and ample learning resources to the girls to empower them.